

Alpine Days Mountain Bike Race

August 2, 2008

*****Race Starts 7AM*** Arrive at Least 45 Minutes Early**
200 North 100 East – Red Brick Church

Registration: Register at Alpine City Hall 20 No. Main St., Alpine
Riders Can Register Morning of the Race. **Morning of Race Registration Fee** will be \$20 for Adults & \$10 for Kids. Shirts May or May Not Be Available for Late Registration.

Cost: \$15 Expert and Sport * \$ 5 Kids 12 & Under

Courses: Every Rider will Start at the Red Brick Church Located at 200 North 100 East, Alpine.
Expert Course: Caution Expert Course has Difficult and Dangerous Trails. Will start by heading west on 200 North for nearly ½ mile merge right on 400 West ride up the hill then turn left at 600 North (Hog Hollow Road). Jump curbs ride through roads under construction and end up on the old Hog Hollow Road, and ride to the top of Corner Canyon. Once at the top of Corner Canyon Riders will take a right turn and ride up Puke Hill. At the top of Puke Hill riders turn right and follow the double track trail to the Chute that will lead riders down into the Sliding Rock are in Fort Canyon. Follow the markings that will lead you to Suicide Trail which leads riders into the Cove (This will be entering into Lehi's water facility and the gates will be open race morning). From there riders will be guided into Lambert Park where they will be linked up to the Sports race course. Expert will ride one loop in Lambert Park and finish.

Sport Course: The Sport Course will be ridden in Lambert Park. Sport starts riding East on 200 North takes a quick left on 200 East. Follow Grove Dr. Turn right onto Alpine Boulevard and into Lambert Park. Lambert Park is mostly single track riding.

Kids Course: Kids and Sport will have the same route into Lambert Park. The Kids Course will be substantially shorter than Sport.

Requirements:

- **Helmets Must Be Worn, No Exceptions. No Helmet. No Racing**
- Carry Enough Water for 1-2 hours of riding.
- Make sure bicycle is checked prior to race. Bring equipment for emergency flat tires while on the course. **Bike Barn** will help riders prior of race start.
- Race Agreement & Waiver must be signed and turned in.
- Minors need parent approval on waiver form.

Prizes and Awards will be awarded soon after the races are finished.

.....
Category: (check one)

Kids/Beginner: []

Men's Sport: 15 & Under [] 16-18 [] 19-29 [] 30-39 [] 40-49 [] 50 & Up

Men's Expert: 15-18 [] 19-29 [] 30-39 [] 40-49 [] 50 & Up

Women's Sport: 15-18 [] 19-29 [] 30-39 [] 40-49 [] 50 & Up

Women's Expert: 15-18 [] 19-29 [] 30-39 [] 40-49 [] 50 & Up

Name _____ **Phone** _____

Male [] **Female** [] **Address** _____ **City** _____

Emergency Contact _____ **Phone** _____

Shirt Size: Youth xs[] sm[] med[] lg[] **Adult** sm[] med[] lg[] xl[] 2xl[]

Alpine Days Mountain Bike Race Agreement & Waiver

August 2, 2008

Release & Waiver of Liability & Indemnity Agreement

In Consideration of being permitted to enter for any purpose any restricted area (defined as including but not limited to the racing surface, pit areas, infield, approach area, and all walkways, concessions, and other areas appurtenant to any area where activity related to the event shall take place), or being permitted to compete, for him or herself, his/her personal representatives, heirs, and next of kin, and will continuously thereafter, inspect such restricted areas and all portions thereof which he enters and with which he/she comes in contact, and he/she does further warrant that his/her entry upon such restricted area or areas and that he/she and his participation, if any, in the event constitutes and acknowledgement that he has inspected such restricted area and that he finds and accepts the same as being safe and reasonably suited for the purpose of his use, and he further agrees to immediately advise the officials of such and will leave the restricted areas.

- 1. Hereby Release, Waives, Discharges, & Covenants Not to Sue** the promoter, participants, racing association, sanctioning organization, volunteers, the city of Alpine, land owners, any persons in any restricted area, sponsors, advertisers, owners and lessees of premises used to conduct the event and each of them, their officers, and employees, all for the purpose her in referred to as "releasees", from all liability to the undersigned, his/her personal representatives, assigns, heirs, and next of kin for any and all lost or damage, and any claim, or demands therefore on account of injury to the person or property or resulting in death of the undersigned is in or upon the restricted area, and/or, competing, officiating in, observing, working for, or for any purpose participating in the event.
- 2. Hereby Agrees to Indemnify & Save & Hold Harmless** the releasees and each of them from loss, liability, damage, or cost they may incur due to the presence of the undersigned in or upon the restricted area or in any way competing, officiating, observing, or working for, or for any purpose participating in the event and whether caused by the negligence of the releasees or otherwise.
- 3. Hereby Assumes Full Responsibility for and Risk of Bodily Injury, Death, or Property Damage** due to the negligence of releasees or otherwise while in or upon the restricted area and/or while competing, officiating, observing, or working for or for any purpose participating in the event.

Each of the Undersigned expressly acknowledges and agrees that the activities of the event are very dangerous and involves the risk of serious injury and/or death and/or property damage. **Each of the Undersigned** further expressly agrees that the foregoing release, waiver, and indemnity agreement is intended to be as broad and inclusive as is permitted by the law in the State in which the event is conducted and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

.....
The Undersigned has Read and Voluntarily Signs the Release & Waiver of Liability & Indemnity Agreement, and further agrees that no oral representations, statement or inducements apart from the foregoing written agreement have been made.

Name _____ Age _____ Signature _____ Date _____

******If a Minor, Parent or Guardian Must be Signed Below******

The undersigned parents or legal guardians of the minor participant, have read and voluntarily signs the realese and waiver of liability and indemnity agreement, and further agree that no oral representations, statements or inducements apart from the foregoing written agreement have been made.

Name of Minor _____ Age _____ Date _____

Name of Parent or Guardian _____ Signature _____ Date _____